

Tereza Brumovská

M.Sc. (Social Work) 2007
Mgr. (Civil Society Studies) 2007
Bc. (Liberal Arts and Humanities) 2003

Child and Family research Centre,
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NUI Galway, Ireland
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PROFILE	<p>Enthusiastic professional with expert knowledge of the youth social policy, social psychology, social work, youth and community work, social support theories, mentoring intervention for children and youth, new approaches towards young people in youth work and social work - positive youth development, strength-based approach, resilience, social capital theories. International experience in social work, youth work and youth policy within EU.</p> <p>Strong interpersonal skills, a friendly and approachable disposition together with communication, organizational and interpersonal skills led to a positions where expertise in international social policy, youth work and mentoring intervention is required. A self-starter, can work efficiently on own initiative or can integrate easily into a team environment.</p>	
CAREER HISTORY	<p>Doctoral Fellow UNESCO Chair for Child, youth and Civic Engagement research programme Child and Family Research Centre NUI Galway, Galway, Ireland</p> <p>International Comparative Study on Youth Mentoring Relationships in programme Big Brothers Big Sisters in Ireland and the Czech Republic <i>Duties Include:</i></p> <ul style="list-style-type: none">◆ Expertise in social support, resilience, social capital theories, positive youth development, strengths-based approach◆ Excellent writing and reporting skills - English and Czech◆ Project management - cooperation with partner's agencies and contact persons internationally◆ Time management skills, Organizational skills◆ Analytical skills◆ Communication skills	Apr 2009 to Present
	<p>European Volunteer European Voluntary Service, EU Youth in Action programme, Action 2: EVS, project Youth and Dynamization Department of Youth and Social Education Town Council Aljaraque, Huelva, Andalucía, Spain</p> <p>In this position I was assisting the youth worker in Youth Information Centre, providing information on different topics to young people in Spanish, helping with coordination of European youth exchanges and European seminar for youth workers, was trained in European youth policy, Spanish culture and language, informal education principles. I also organized the course for children on creative textile techniques, which took place for 6 weeks.</p> <p><i>Duties Included:</i></p> <ul style="list-style-type: none">◆ Team work with group of European volunteers and principal youth worker◆ Cultural and language adaptation◆ Organization of events, promotion and information providing◆ Data gathering from internet◆ Communication in different languages, interpretation Spanish-English◆ Engaging and motivating children and youth◆ Cultural awareness	Aug 2008 - March 2009
	<p>Work Placement Trainee Kerry Diocesan Youth Services Denny Street 12, Tralee, Co.Kerry, Ireland</p> <p>The position involved the individual work - development of Handbook for Mentors for the local Community Mentoring Scheme and group work attendance and assistance to youth workers. I engaged in group work techniques with youth worker, observed the KDYS operation and structure of services, interview youth workers in different programs, attended the youth groups outings. Position required expertise for handbook creation, communication skills for engaging with youth, observational skills, learning skills.</p>	June 2008 to July 2008
	<p>Researcher in Youth Mentoring project to promote informal education National Institute for Children and Youth, Ministry for Education, Prague, Czech Republic</p>	January 2008-June 2008
	<p>Caregiver Bardowie Retirement Complex, Napier, New Zealand - temporary full-time job. Taking care of residents, providing services and support, daily care tasks.</p>	February - May 2005

OTHER FIELD PLACEMENTS' EXPERIENCE	<p>Feb-March 2007: Field placement in Sweden in the area of school and youth social work</p> <p>Sep-Dec 2006: <u>Cooperation with Lomikamen</u>, civic association. Field placement – project management. Project Assistant</p> <p>Jan-May 2006: <u>Youth Worker</u> in the youth café for youth 13-18 years. Group work, individual work, support, information providing, group activities, workshops (Field placement)</p> <p>2000-2003: <u>Voluntary</u> mentor in socially-preventive Program 5P for children (Big Brothers/Big Sisters in Europe and USA) – 3 years of active voluntary participation</p> <p>Sep-Dec2004: <u>Caregiver</u> in Project Open Arms, Civic Association Human seeks a Human, Field placement. Children 3-6 years in residential care. Social care work in institutions, taking care about children, play, communication, creating rapport.</p> <p>Jan-June 2004 and 2006: <u>Assistant</u> in NROS – Foundation for Development of Civil Society – Project Assistant: Analysing the projects of NGO's, which get the grants from NROS, writing the final reports on grant spending according to the original proposals (Field placement).</p> <p>2002: <u>Social Worker</u> in NGO for Children in Jeopardy. Civic Association for assistance to abandoned, ill-treated and neglected children. Social work for disadvantaged and minority children and families (Field placement)</p> <p>2001: <u>Social Worker</u> in Help Centre Naděje (Hope) concerned with social work for homeless people in difficult life situations. Advocacy, advising, counseling, case work, social care (Field placement)</p>						
PUBLICATIONS AND CONFERENCES	<p>T. Brumovská, G. Seidlová-Málková: Mentoring. Portál, Prague, October 2010. ISBN:978-80-7367-772-5 http://obchod.portal.cz/produkt/mentoring.</p> <p>Research Report: Typologie dynamiky mentoringového vztahu v programu Big Brothers Big Sisters/Pět P. Final research report from the research study Mentoring – Non-Formal Education towards Volunteerism. National Institut of Children and Youth, Ministry of Education, Youth and Sport Affairs, Czech Republic, 2009</p> <p>In this project I was funded to write the research report based on the results of my master thesis research on youth mentoring relationship in program Big Brothers Big Sisters in Prague. The study explored different types of formal mentoring in the program. The project was funded in order to promote informal education, volunteerism and civic engagement. The results are influential for the program's practices as well as for the national youth policy and national project on informal education Keys for Life.</p> <p>Mentors as Mediators and Significant Adults. Published Master Thesis. VDM Verlag, Germany. ISBN: 978-3-639-21980-7, 2009</p> <p>Handbook for Mentors. Community Voluntary Mentoring project, Kerry Diocesan Youth Services (KDYS), Tralee, Kerry, Ireland, 2008.</p> <p>Presentation on National Conference on Volunteerism in the Czech Republic: Typology of Mentoring Relationships in programme Big Brothers Big Sisters/Pět P in the Czech Republic, May 2008</p>						
TEACHING AND LECTURING	<p>Youth mentoring interventions. Seminar for undergraduate students, NUI Galway, Ireland, Feb 2010.</p> <p>Social support and social capital theories. Lecture for Master student of Community Development. NUI Galway, Ireland. February 2010</p> <p>Workshops for children on T-Shirts Dying. EVS Project, Aljaraque, Huelva, Andalucía, Spain. Jan-Feb 2009</p> <p>Workshops for young people in Youth Café Suterén. Arts and Crafts. O.s. Sanamin, Prague 6, Czech Republic. Feb – June 2006</p>						
HIGHER EDUCATION	<table border="1"> <tr> <td data-bbox="231 1243 1236 1489"> <p>International Master of Science in Social Work School of Political Science and Sociology, Gothenburg University, Sweden. Thesis: Mentors as Mediators and Significant Adults. Major: Social Work Theories and Methods, Social Policy, Social Research, Swedish Social Work, International development, Field Placement Minor: Academic English</p> </td> <td data-bbox="1236 1243 1568 1489"> <p>Sep 2006 to Sep 2007</p> </td> </tr> <tr> <td data-bbox="231 1489 1236 1736"> <p>Master of Arts in Civil Society Studies School of Liberal Arts and Humanities, Charles University, Prague, Czech Republic Thesis: Typology of Mentoring Relationship in program BBBS In the Czech Republic Major: Civil Society Theories, Legal, Socio-Economical and Socio-Political Framework of Community Sector, Research Methods, PR and Fundraising, Management of NGOs, Field Placement</p> </td> <td data-bbox="1236 1489 1568 1736"> <p>Oct 2003 to Sep 2007</p> </td> </tr> <tr> <td data-bbox="231 1736 1236 1915"> <p>Bachelor Of Liberal Arts and Humanities School of Liberal Arts and Humanities, Charles University, Prague, Czech Republic Major: Social Psychology, Sociology, Philosophy, Social Care and Social Work, Social Policy Minor: English and Spanish language</p> </td> <td data-bbox="1236 1736 1568 1915"> <p>Oct 1999 to June 2003</p> </td> </tr> </table>	<p>International Master of Science in Social Work School of Political Science and Sociology, Gothenburg University, Sweden. Thesis: Mentors as Mediators and Significant Adults. Major: Social Work Theories and Methods, Social Policy, Social Research, Swedish Social Work, International development, Field Placement Minor: Academic English</p>	<p>Sep 2006 to Sep 2007</p>	<p>Master of Arts in Civil Society Studies School of Liberal Arts and Humanities, Charles University, Prague, Czech Republic Thesis: Typology of Mentoring Relationship in program BBBS In the Czech Republic Major: Civil Society Theories, Legal, Socio-Economical and Socio-Political Framework of Community Sector, Research Methods, PR and Fundraising, Management of NGOs, Field Placement</p>	<p>Oct 2003 to Sep 2007</p>	<p>Bachelor Of Liberal Arts and Humanities School of Liberal Arts and Humanities, Charles University, Prague, Czech Republic Major: Social Psychology, Sociology, Philosophy, Social Care and Social Work, Social Policy Minor: English and Spanish language</p>	<p>Oct 1999 to June 2003</p>
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OTHER COURSES AND TRAININGS

Job Shadow project, Youth in Action programme, Action 4.3. – Networking and Professionalization in Youth Work: Bridges Project, Masselburgh, Scotland.: Employability services for young children at risk of social exclusion. Shadowing the personal development worker, meeting staff and other organizations, who serve the disadvantaged young people.	May 2009
Training in Youth in Action program: EU youth policy, informal education methods and practices, group work, civic engagement	Nov 2008, Feb 2009
Study tour Toulavý autobus (Roving bus) visiting youth cafés in central and northern Moravia (organised by the Town hall Prague 3, Department of Drug prevention).	May 2001
BBBS/Pét P training course (50 hours) aimed on communication, child psychology, relationship development and legislation framework plus 50 hours of supervision meetings with psychologist.	Nov 1999 - June 2003

KEY SKILLS

Interpersonal	Strong interpersonal skills gained from extensive academic studies and work placement experiences through higher learning in social work and social care. A friendly and amiable disposition led in youth work placement positions where rapport & relationship building is required and ethical handling of sensitive information and people is essential. Excellent in building relationships with children and youth.
Team-Working	Excellent team player, considerate and non-judgemental of team member's input and ideas. Aims to build strong symbiotic relationships within a team environment to ensure the teams' performance is prioritised.
Self-Starter	Adept and competent at starting projects on own initiative demonstrated in organising and managing own research project. Works efficiently and effectively in a personal environment with a common sense of problem solving skills to dealing with issue. Has the ability to ask for assistance if required or unsure.
Communication	Excellent communicational skills. Can make people comfortable to communicate freely and openly. Advanced knowledge of non-verbal communication techniques such as mirroring and body language tuning. Can adjust the communication according to the age. Expert in child-friendly and youth-friendly communication.
Leadership	Intuitive with regards to youth's and adult people's motivators and skilled at using these to motivate and lead people towards their goals. Empowerment and advocacy skills in relation to "mentees."
Organisational	Proficient organizational skills demonstrated in PhD project as well as other minor projects within community NGO's and youth work organizations during my working experiences. Can task multiple projects to strict deadlines. Works best in a highly organized and professional environment. Worked externally on tender projects liaising with organisations and youth work professionals. Also organized leisure-time workshops for youth.
Information Technology	Expert in using the internet as a tool for knowledge acquisition. Excellent skills in MS Word, MS Excel and MS PowerPoint. Professional knowledge of research softwares ISSP and NVivo for analysis. Good working knowledge of common software applications. Good in formatting and design of digital media.

INTERESTS & ACTIVITIES

I have a keen interest and broad spectrum of activities in Sport. I join the sport-centre, which I visit regularly, like riding the bike, interested in surfing, snowboarding, long-board skateboarding, roller-blades, running and other sports. I used to work as an aerobics instructor in my leisure time during my studies. I like European cinema and cinematography. I am also interested in Irish folk music and traditional culture as well as in Latin cultures. I like rock & world music and socializing with friends on cultural activities. I like arts&crafts activities and organize them in workshops for children and youth. I am interested in volunteerism as an expression of social awareness and responsibility.

REFEREES

References Available on Request