



**dobrovolnické
centrum**

ANNUAL REPORT

YEAR 2005

The Volunteer Centre

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The Volunteer Centre

Name: The Volunteer Centre
Subject: civic association
Registration: 3.11.1999 at the Ministry of Interior of the Czech Republic
VS/1-1/41 751/99/R
Field of activity: the city of Ústí nad Labem, the Ústí Region
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The VOLUNTEER CENTRE is a member of:

The Coalition of Volunteer Initiatives in the Czech Republic
The Regional Council of Humanitarian Organizations of the Ústí Region
The Five P Programme Association in the Czech Republic
The Association of Non-governmental Non-profit Organizations of the Ústí Region

THE MISSION AND ACTIVITY OF THE VOLUNTEER CENTRE

The Volunteer Centre is a civic association which creates a basis for volunteers and promotes VOLUNTEERISM as a natural component of the life of the society.

- We offer a space for our fellow citizens' self-fulfillment, we create conditions for meeting and communication, we support and develop good interpersonal relationships.
- In cooperation with other non-profit organizations, the state administration, the autonomy, the commercial sector and the public, we extend our offer of social services by targeted volunteer programmes.
- We offer seminars, tuition and consultancy in the area of volunteerism management, realization and assistance in volunteer training and supervising in the benefit of many target groups.
- By the above activities we endeavour to create approximation, mutual tolerance and respect of people of different age, nationality and walks of life.

A WORD OF THE CHAIRWOMAN



*Mgr. Lenka Černá,
The chairwoman of the
Association Council*

*Dear readers,
for our association the year 2005 was varied, full of transformations, ends and new beginnings. Our two biggest projects have ended; already at the beginning of the year it was the "How To Do Fundraising" project and in the middle of the year the "Admirable Seniors" project. There also came some personal changes in autumn. Our colleagues Mgr. Lucie Sroková, Mgr. Kamila Zinčenková and Bohdana Furmanová have left and, on the contrary, there came new colleagues into the team – Bc. Michaela Procházková, Bc. Petra Stejskalová and Mgr. Martin Hazucha. At the end of the year our colleagues Mgr. František Klepač and Jakub Michal have changed their status to external co-workers and Bc. Lukáš Vavřina has taken up the function of the director's assistant and coordinator of chosen activities.*

Among the main partners in 2005 was again HESTIA – The National Volunteer Centre; our cooperation with Diakonie ČCE in Most has deepened; we have established an international cooperation with the German organization Deutscher Kinderschutzbund in Saxony. We had the honour of joining the POLIS project of the People in Need organization. As every year we have taken part in fulfilling the goals and arrangements of the Second Community Plan of Care of the City of Ústí nad Labem. We have also participated in coordinating groups for seniors and for the area of care for children and the youth.

Summary of the Year 2005 in Numbers:

Total number of volunteers – 633 (years 2000 – 2005)

Number of newly joined-in active volunteers in 2005 – 68

Number of realized trainings, courses – 21 for altogether 244 participants

Behind the numbers above is hidden a great amount of work of the whole staff team and, above all, a large group of volunteers. You are welcome to read about particular activities and results we have achieved in 2005 in individual projects and programmes on the following pages.

At the end I would like to thank the University of J. E. Purkyně and high schools in the Ústí Region for cooperation. They allowed us to enter their seminars, to discuss volunteerism with students and ask them in for cooperation. I also thank very much the Employment Office in Ústí nad Labem which, through its support of publicly useful works, regularly enables us to employ new skilful colleagues in the Volunteer Centre from the unemployed, and thus broaden the number of services we offer.

Dear readers, I wish you all the best in the year 2006, joy and success in each day, and I am looking forward to our cooperation.

Kind regards, Mgr. Lenka Černá

The chairwoman of the Association Council

KŘESADLO 2005

“A prize for ordinary people who do extraordinary things.”

The gala ceremony called KŘESADLO 2005 is the most important activity held annually by the Volunteer Centre. We thus join the appreciation of volunteers in the Ústí Region who, in 2005, devoted their time, effort, experiences and help to those who need it.

There were 17 nominations for KŘESADLO 2005, from which an independent evaluation committee has chosen 6 honoured. Namely, the prize has been given to:

- Mrs. **Gabriela Betková** from Ústí nad Labem who works in The Social Agency and leads PC courses for handicapped citizens.
- Mrs. **Jana Brunerová** from Teplice, a co-founder of the Nová Ves civic association, who applies herself both to children and seniors and arranges trips, swimming and art meetings.
- Mr. **Aleš Chramosta** from Ústí nad Labem who has been devoting himself individually for several years to disadvantaged children and youth also at the Volunteer Centre.
- Mrs. **Eva Nováková** from Žatec who was nominated for her activity by even two proposers for her work in favour of seniors in a rest home at Severní Terasa.
- Mr. **Ladislav Pozdniček** from Klášterec nad Ohří with his labrador retriever Dorka. They both apply themselves to physically and mentally handicapped children, seniors and children of a mother centre.
- Mr. **Otto Zeisel** from Rumburk who, together with his friends from a volunteer fire company, devotes most of his free time to work with children and youth in a way of many free-time activities.

Among the congratulators and those who handed the prizes were: the Deputy and Vice-president of the Ústí Region, Mr. Radek Vonka; the Mayor of the city of Ústí nad Labem, Mgr. Petr Gandalovič; PhDr. Jiří Tošner from HESTIA - The National Volunteer Centre in Prague; Mgr. Lucie Sroková, the head of the evaluation committee; Ing. Marius Marcolla from the SITEL company and Bc. Jiřina Krestová, last year's holder of the KŘESADLO 2004 prize.

We thank Mrs. Dagmar Havlová for patronage over the evening, the President of the Ústí Region, Ing. Jiří Šulc and the Mayor of the city of Ústí nad Labem, Mgr. Petr Gandalovič.



Dear volunteers, thank you for your good hearts!

Ceremonial toast



Big Brothers Big Sisters - Pět P

PROGRAMME

- **Five P** means in Czech Care, Prevention, Help, Friendship and Support.
- The **Five P** programme is a socially preventive free-time programme in which a couple, made of one big and one small friend, meets at least for one year.
- The couple spends one afternoon per week together. They decide about the contents of their meetings by themselves. They can do sports, go for trips, to the cinema, use the clubroom in the Volunteer Centre, simply make use of their free time as they both like. Except for individual meetings they can also take part in common activities where they have the opportunity to meet other small and big Five P friends.
- The Five P programme has been bestowed the Commission for Socially-Legal Protection of Children in the Ústí Region and the Accreditation of Volunteer Service according to § 6, column 2 of the law 198/2002 Sb., about volunteer service.

Where does the programme help?

- It creates a basis both for the child and for his/her family to solve a difficult family situation.
- It helps to find friends and to get into contact with both adults and children.
- Thanks to the programme children learn to communicate in a better way, they broaden their area of interests and the development of the child is generally positively influenced.

What has the year 2005 brought?

- We have established 13 new Five P couples.
- Altogether 39 couples have been meeting actively.
- Coordinator Mgr. Lucie Křivská was replaced during the year by Bc. Michaela Procházková.
- We have organized 9 common activities – among other it was a ceramic afternoon in the RELAX Club, a summer trip, the traditional Žandovák weekend and at the close of the year we waited together for Baby Jesus at a Christmas meeting.
- At 2 specialized trainings we have trained 11 new volunteers.
- We have met at 17 supervizing meetings for volunteers.

Worked up by Bc. Michaela Procházková



POLIS

Together in the RELAX club



A pilot project of the Volunteer Centre in cooperation with the People in Need organization has started in autumn 2005.

In a trial period of 18 months the Volunteer Centre focuses on mediation of trained volunteers into families endangered by social exclusion and discrimination at the employment market.

Volunteers participating in the project have an opportunity to enter directly in the families by means of giving extra classes to children. They have a chance to acquaint themselves with different sociocultural environment and to get an interesting, not commonly found, experience. By the presence of the volunteer the prestige of the family in its neighbourhood is raised, communicative abilities of the children are extended and there are improvements in their school results. The family has an opportunity to experience appreciation, praise and concern on the part of the volunteer, which is naturally reflected in building up self-confidence and the sense of intrinsic values of individual members of the household.

Facts for the year 2005:

September: a cooperation has started with field workers on choosing families; addressing students at UJEP lectures and at the Jateční and Stavbařů high schools

October: creating a leaflet, promotion of the project

November: first visits to the families and introduction of the project; the first volunteer training; integration of the first volunteer; offerings of cooperation in the Polis project, particularly at Special schools

December: information about the project in the media and at the Volunteer Centre website; addressing the families and volunteers continues; preparing volunteers for participating after training

Worked up by Bc. Petra Stejskalová



This project is co-financed from the European Social Fund of the EU and from the state budget of the Czech Republic

COMMUNICATION, PARTNERSHIP, COOPERATION



KOMPAS

- key words creating the name of a socially preventive free-time programme for small groups of children

In the COMPASS programme groups of two trained volunteers and six children from disadvantaged families meet together regularly for one afternoon per week during four months. The basic goal and point of the programme is to offer fun and friendship to children in small groups under the support of two adults – friends. Basically to fill in free time during the meeting with such a programme that addresses the children, interests them and supports their social abilities. It can be trips, excursions or some creative activity but primarily a lot of games and competitions.

Results for the year 2005:

1. In autumn we have extended the COMPASS programme to two groups meeting regularly on Mondays and Wednesdays. 18 children and 6 volunteers were thus successfully involved in the programme.
2. Except for usual collective meetings with parents at the beginning and at the end of the programme, the volunteers have organized a collective afternoon for both groups which included a trip and horse riding.
3. Children from both groups were also present at a Christmas meeting organized together with the Five P programme.

Worked up by Bc. Petra Stejskalová



DEVELOPMENT OF HIGH SCHOOL STUDENTS' CIVIC VIRTUES IN THE ÚSTÍ REGION

Through the programme's activities we want to motivate and involve students and their teachers from the Ústí Region high schools into volunteer activities beneficial to the community they live in. They realize their volunteer help themselves through their own mini-projects or individual help for some non-profit organizations.

In the year 2005 we cooperated with three high schools:
The Bishop Gymnasium in Varnsdorf,
The Commercial Academy in Ústí nad Labem, Pařížská street
The Gymnasium in Ústí nad Labem, Jateční street

Facts for the year 2005:

- We have offered three seminars to students on the topic of volunteerism right in the setting of high schools.
- We have arranged an hour-long volunteer blocks for 53 Varnsdorf students within their school time.
- We have prepared and realized in total four weekend trainings for people interested in the role of a volunteer.
- We have met three times with our volunteers within the frame of the Dobroš Club (a meeting of high-school volunteers).
- A pilot course of psycho-social abilities has been realised for students of the Ústí nad Labem Gymnasium. Within this course there was a weekend motivational course and fifteen consequential thematic meetings. The course has been rounded off by a realization of a preventive volunteer project for children.
- All in all 70 students of high schools and three teachers have joined the volunteer activities.
- The students have realized altogether 13 various mini-projects.

Five years of the Development of High School Students' Civic Virtues in the Ústí Region

Through this programme's activities in 2005 we have rounded off our effort to encourage young people studying at high schools into an active approach towards the community they live in. A number of young people have been involved in volunteer activities during five years and for these people volunteerism will continue to remain a natural part of their lives. They will make use of the abilities and knowledge acquired during the realization of student volunteer projects in their future lives, and not only in the professional part of it.

In this way we would like to thank the management of all schools involved for their frankness and obliging cooperation, to the teachers for their energy, courage and endurance when coordinating the student volunteer activities. We especially thank the volunteers because they have proved that we need to help others not just financially but also by our own ideas, abilities and the zest to help each other.

Jakub Michal, coordinator of the Development of Civic Virtues programme

Tab.:

School	Number of volunteers	Number of teachers participating	Number of mini-project realized	Number of individual activities
Gymnasium in Ústí nad Labem	53	1	14	22
SOŠ Stará 100 Ústí nad Labem	63	2	9	9
Gymnasium in Děčín	8	1	3	7
Gymnasium in Teplice	21	2	8	12
The Commercial Academy in Ústí nad Labem - Střekov	5	1	1	3
The Bishop gymnasium in varnsdorf	10	1	3	1
The Commercial Academy in Ústí nad Labem - Pařížská	29	2	7	1
Total	189	10	45	55

THE DEVELOPMENT OF VOLUNTEERISM IN THE ÚSTÍ REGION PROGRAMME

a chronological axis of activities

In the total number of 633 volunteers registered in the volunteer database there were 68 new volunteers registered in the year 2005.

We have organized altogether 21 specialized trainings and courses for 244 participants.

Within the framework of the Students for Children III. Project we have organized 17 specialized seminars for the students of the University of J.E. Purkyne and high schools in the Ústí Region. Students – volunteers participated in mini-projects on behalf of disadvantaged children and youth.

January – March 2005

Distribution of the zero copy of the Volunteer Centre magazine – a magazine supporting promotion of volunteerism, intended not only for volunteers.

15.2. – Regional Discussion Club – an offer of services, courses and cooperation in the volunteerism area to non-profit and allowance organizations in the Ústí Region.

19.2 – Volunteerism for Everyone – a course for people interested in basic information about volunteerism.

24.2. – Křesadlo 2004 – a prestigious social gathering for appreciation of volunteers with the Křesadlo prize.

3.3. – The Lifestyle and Questions of Seniors in the Czech Republic (Romana Vlčková) – a seminar prepared together with the Senior Daily Centre.

4.3. – An opening meeting of the Students for Children III. Project.

11.3. – A quarterly consultation meeting of the coordinators of volunteers from social settlements of the city.

April – June 2005

2.4. – A meeting with the polar explorer Jaroslav Pavlíček, the author of the book “Man in Tough Nature“

9.-10.4. – Training of volunteers for the Rest Home in Krásné Březno – schooling of volunteers for working in a settlement for seniors.

23.-24.4. – Training of volunteers for the Masaryk Hospital in Ústí nad Labem – schooling of volunteers for working at selected departments of the Masaryk Hospital.

27.-29.4. – A volunteer coordinators course – preparation of new coordinators of volunteers in the Ústí Region.

11.5. – A quarterly consultation meeting of the coordinators of volunteers from social settlements of the city.

12.5. – Conclusion of the first half of the Students for Children III. Project by the last seminar of Social Pathology and Prevention II. in the summer semester of the academic year 2004/2005 at the Pedagogical Faculty of UJEP.

14.5. - Volunteerism for Everyone – a course for people interested in basic information about volunteerism.

19.-21.5. – Psycho-Hygiene Course I. – a pedagogy-of-experience course for employees working in caring professions.

- 8.6. – Dobro-Fest 2005 (a big meeting of all volunteers) – a common event for volunteers, partners and people sympathizing with volunteer activities. The first year of the festival.
- 15.6. – Open Doors at the Volunteer Centre – opening up the place for the public.
- 17.-18.6. – Psycho-Hygiene Course II.
- 22.6. – Healthy Aging (MUDr. Ivana Kořínková) – a seminar not only for seniors.
- 29.6. – About volunteerism in Hospitals / The Masaryk Hospital.

September – December 2005

- 8.9. – IV. Trade Fair of Social Services of the City of Ústí nad Labem – presentation of the Volunteer Centre under the patronage of the city of Ústí nad Labem.
- 3.10. – A video afternoon for seniors and other public – screening of a sensitive document about active lives of seniors in Japan; a voluntary neighbourhood help in one of the city districts.
- 4.10. – Don't Be Afraid of Dying – a seminar about accompanying people on their last journey – palliative care
- 20.10. – Company Fundraising in Practice (Mgr. Jan Kroupa) – a course of practical advice, information and practice for building databases of new financial resources for non-governmental non-profit organizations.
- 22.10. – Training of volunteers for the Masaryk Hospital - schooling of volunteers for working at selected departments of the Masaryk Hospital in Ústí nad Labem.
- 26.10. – A video evening for students – a documentary about possible asserting oneself in volunteerism.
- 5.-6.10. - Training of volunteers for The Rest Home in Ústí nad Labem
- 9.11. - A quarterly consultation meeting of the coordinators of volunteers from social settlements of the city.

Other successes:

- our colleague František Klepač was at intership in a volunteers' centre at the International Institute in Missouri, USA.
- In cooperation with WEP a material called Red Flag Green Flag on the theme of prevention of sexual abuse has been developed.
- We have established cooperation with our first foreign trainee, Isabela Nosek from Germany.
- In the Canadian Mosaic magazine an article has been issued about the programmes of the Volunteer Centre.
- A requests-and-complaints book concerning our services has been created at www.dcul.cz.
- We have represented the Ústí Region at an international conference held at Jelení Hora in Poland.
- 90 appeals for volunteers with an offer of joining a particular helping activity went through our mailing list (for more information see p.17).

Our successes through the eyes of the employees of the Volunteer Centre:

- We succeed in having great volunteers.
- We succeed in drawing major attention of children and young people.
- We manage organizationally to make our planned activities happen.
- We succeed in carrying out our activities and keeping our creativity.
- Developing the programmes according to current conditions and needs.
- Communicating with everyone who visits us.
- We can cooperate professionally with our externs.

On the outside we look as a trustworthy non-governmental non-profit organization.

We can write projects.

We can maintain good relations.

We have trainings and courses of high quality.

We can teach a lot.

We manage to awaken the good inside people.

We give hope.

We can elicit a smile even on previously gloomy faces.

We have a good website – the best.

We can overcome crises.

We know how to look for money.

We succeed in integrating new employees.

Nice P.R. materials.

We can pass information in the team.

We succeed in being part of different systems.

We have great people in the team.

The team of coordinators of The Development of Volunteerism in the Ústí Region programme in 2005 functioned under the professional supervision of the guarantee MUDr. Ivana Kořínková. There were discussions over the current state, a methodology of the programme has developed (see below), a general target minimum has been defined, also partial goals in the area of education, promotion and services have been set. More developing activities and the choice of general evaluation of the programme in the form of questionnaires have also been defined.

This programme has been financed by: the Ministry of Labour and Social Affairs of the Czech Republic, the Ústí Region, the City of Ústí nad Labem, the Ministry of Education, Youth and Sports of the Czech Republic, the Ministry of Health of the Czech Republic, the Ministry of Interior of the Czech Republic, the SITEL organization, the Employment Office in Ústí nad Labem, Mr. Václav Urban. A part of this programme is the Volunteers in Hospitals Programme which has been accredited at the Ministry of the Interior of the Czech Republic with number OP-284-6 2004 according to § 6, column 2 of the law 198/2002 Sb., about volunteer service.

THE MAKE A CONNECTION PROGRAMME

“the fourth year of the programme“

The Make a Connection – Připoj se Programme, established at 2002, is a common initiative of the Foundation of Development of Civil Society and the Nokia Czech Republic company. In the Czech Republic it has been realised in five regions and in a network of children’s homes. Local partner and executor in the Ústí Region is the Volunteer Centre.

The programme is intended for young people between 16-24 years. Informal groups of young people have an opportunity to gain a financial support up to 50.000,- Kč for realization of their volunteer projects. The projects are focused on various subjects – living environment, culture, free time of disadvantaged groups of citizens... But they always need to have one thing in common: They have to be helpful to the environment in which these young people live in.

By the deadline for handing in the applications for grants – 31.3.2005 – a total of 17 applications from young people from the whole Ústí Region were submitted at the Volunteer Centre. The regional evaluation committee and the main evaluation committee has supported eleven projects and distributed a total of 260.373,- Kč. You can find annotations of the supported projects and other information about the programme at the website www.pripojse.cz.

Worked up by Jakub Michal, coordinator.

Except for a financial support the authors of the projects had an opportunity to take part in two weekend trainings aimed at the following themes: project management, fundraising, teamwork, communication at the position of a volunteer and others. The first training took place on 3.-6. June 2005 at the Růžena Cottage in Jedlová near Jiřetín pod Jedlovou and the second took place on 23.-25. September in Adolfovo near Ústí nad Labem.



THE

KEY

STEP PROJECT

Starting in August 2005 (and finishing in September 2006) we are realizing a partnership project called Key Step. It is focused on strengthening the inner capacity of the Volunteer Centre. Financial resources for the realization of the project have been provided from the state budget and the European Social Fund.

Main goals of the project:

- Developing and strengthening the inner capacity of the Volunteer Centre in the sense of being able to react flexibly on changing needs of the community, especially in the area of work focused on persons endangered by social exclusion.
- Reassessing the hitherto management and structure of the organization with the aim of securing the financial tenability of the services provided.
- Delegating the acquired experience and the tested methodology of working with clients to other places in the NUTS II area – The regions of Ústí and Karlovy Vary.

Activities realized in 2005:

- Creating and placing a new working position of a structural and project manager.
- Internships of a structural and a project manager in non-governmental non-profit organizations and in programmes of the Volunteer Centre.
- Creating a model of cooperation: economist – accountant - structural and project manager within the realization of projects from the European Social Fund.
- Creating a model for administrating and coordinating projects from the European Social Fund from the viewpoint of the project's coordinator.
- Project activity of the structural and project manager:

A project intention The Programme Bridge: Ústí – Most aimed at the European Social Fund, the Volunteer Centre is in the role of a partner of Diakonie ČCE – A Centre for Social Activities in Most.

- In cooperation with the employees of the Volunteer Centre other four project intentions have been submitted:
- Volunteer Service for Families in the Ústí Region II.
- Five P in 2006
- Students for Children IV. - Conclusion
- Initiative
- Creating a harmonogram and description of changes in the structure and management of the Volunteer Centre.
- Active cooperation with the project's partner, Diakonie ČCE - A Centre for Social Activities in Most (partnership meetings, consultations of project intentions, administration of the Key Step Project).

This project is co-financed from the European Social Fund and the state budget of the Czech Republic.

“The ESF helps the development of employment by supporting employability, business spirit, equal opportunities and investments into manpower.”

THE ADMIRABLE SENIORS PROJECT

Partners of the project: Senior, civic association in Ústí nad Labem, and the JEŠTĚD Regional Volunteer Centre, civic association in Liberec. The project focused on the Ústí and Liberec Regions and was financed from the EU programme Phare 2002 – Support of Active Life of Seniors. The project lasted from 15.7.2004 to 15.7.2005.

The main goals of the project were: contributing to a change of the society's attitude towards seniors, improving the seniors' approach towards information, education and communication and supporting an active way of life of the seniors. The aim of the project was to stir a discussion about the seniors' unused potential in social life, to draw as large a group of the public as possible into the considerations about seniors, and to show they are an immense source of knowledge and experience.

Another aim of the project was to prepare suitable conditions for the origination of Councils and Clubs of seniors and obtain data for the rise and development of meaningful consequential projects, community plans of care and services for seniors.

The Volunteer Centre has realized its activities set in the Admirable Seniors project in a close cooperation with its two-generation volunteer team (DDT) – a questionnaire survey on the topic Seniors in the Society is available at www.dcul.cz.

In this project we have tried how contributing and enriching it is to join two generations into one team. We thank very much all the members of the two-generation volunteer team, the project could hardly be realized without them. A final task for all three partners was to create a brochure with, among other, a description of the results of our year's work. This is also available for downloading at www.dcul.cz.

We believe that the written observations, experiences and especially results of the questionnaire survey realized in the Ústí Region will be of use and will inspire the thoughts of many of us – towards a more intensive perception of seniors as still active and, above all, experienced part of our society with a good mind to be involved. How would we as younger people feel in a situation when there would be no concern about our involvement in the life of the society? Older or younger, everyone feels this in the same way – were we twenty or seventy.



Mgr. Kamila Zinčenková, the coordinator of the Admirable Seniors programme with active seniors

THE METHODOLOGY OF THE DEVELOPMENT OF VOLUNTEERISM PROGRAMME

We introduce to you the front cover of a methodical material. If interested, phone or write to the Volunteer Centre.

APPEAL OFFER OPPORTUNITY

In 2005 the Volunteer Centre has extended its MAILING LIST. Registered participants regularly receive invitations to courses, trainings, seminars, meetings and appeals for individual help. The mailing list is used also by other organizations looking for volunteers. Do you want to be a part of the MAILING LIST?

- Send your e-mail address to:
dcul@seznam.cz



THE COALITION OF VOLUNTEER INITIATIVES IN THE CZECH REPUBLIC – A DIRECTORY (APRIL 2006)

BRANDÝS N/L:

• DC Na Vyšším Hrádku, o.s., Vestecská 989, 250 01, tel.: 326 911 264, 326 905 587, 602 616 013, e-mail: smdesign@volny.cz;

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• INEX - Sdružení dobrovolných aktivit, o.s. - pobočka Brno, Anenská 10, 602 00,

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• DC RATOLEST BRNO, o.s., M. Horákové 19, 602 00, tel.: 545 243 839, 545 241 655, e-mail: ratolest@ratolest.cz, www.ratolest.cz;

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• AVE, o.s, Ostravská 1628, 737 01 tel.: 558 736 600, 606 134 335, e-mail: kacko@netron.cz, www.osave.cz;

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• Královédvorská Arnika, o.s., Dukelská 420, 544 01, tel.: 499 329 422, e-mail: kralovedvorskaarnika@seznam.cz;

FRÝDEK-MÍSTEK:

• DC ADRA, o.s., Radniční 1242, 738 01, tel.: 558 436 261, e-mail: dcfm@adra.cz, www.adra.cz;

HAVLÍČKŮV BROD:

• DC Fokus Vysočina, o.s., Rozkošská 2331, 580 01, tel.: 569 426 657, 723 822 440, e-mail:

dobrovolnicke.centrum@fokusvysočina.cz,

www.okhb.cz/neziskovky/centrum.htm;

HRADEC KRÁLOVÉ:

• DIK Občanské poradenské středisko, o.p.s., Veverkova 1343, 500 02, tel.: 498 500 346, e-mail: dikhk@ops.cz, info@ops.cz, www.ops.cz;

• Pedagogicko - psychologická poradna, M. Horákové 504, 500 00, tel.: 495 265 423, e-mail: ppphk@tiscali.cz;

CHLUMEC N/CIDLINOÚ:

• DC Podzámčí, o.s., Žíželická 92/IV, 503 51, tel.: 604 240 344, e-mail: daniela.dd@tiscali.cz;

JESENÍK:

• Hnutí Brontosaurus Ještěř, o.s., Husova 191, 791 01, tel.: 584 401 722, e-mail: jester@brontosarus.cz,

<http://jester.brontosaurus.cz>;

JINDŘICHŮV HRADEC:

• FM VŠE, Jarošovská 1117/II, 377 01, tel.: 384 417 233, 728 226 273, e-mail: sedlakov@fm.vse.cz, www.fm.vse.cz;

KLADNO:

• DC Kladno, o.s., ul. 5. května 249, 272 01, tel.: 312 660 139, e-mail: dckladno@tiscali.cz, <http://www.dck.wz.cz>;

KROMĚŘÍŽ:

• DC Spektrum, o.s., Husovo nám. 229/13, 767 01, tel.: 573 333 333, e-mail: spektrum.km@volny.cz, www.spektrum-km.cz;

LIBEREC:

•“D“, o.s., Věra Šistková, Příční 470/18c, 460 07, tel.: 485 152 140, 608 477 657,
e-mail: d-os@volny.cz, d-osppp@volny.cz., www.volny.cz/d-os;

• DC Ještěd, o.s., Březová alej 1305a, 460 01, tel.: 485 172 386,
e-mail: rdcjested@rdcjested.cz, sarkaholubova@seznam.cz, www.rdcjested.cz;

MLADÁ BOLESLAV

• Prométheus, o.s., Masná 55, 293 01, tel.: 326 322 915, e-mail: esvermova@vakmb.cz, www.5p.wz.cz;

NOVÉ MĚSTO NA MORAVĚ:

• DC HOSPICOVÉ HNUTÍ VYSOČINA, o.s., Žďárská 610, 592 31, tel: 566 615 198, 732 228 001,
e-mail: hhv@quick.cz, http://hhv.nmmn.cz;

• Sdružení Nové Město na Moravě, Poradna pro děti a rodiče EZOP, o.s., Žďárská 68, 592 31, tel.: 566 617 940, 731 457 680,

e-mail: poradna.ezop@seznam.cz, www.poradna.ezop.cz;



A farewell to our colleagues Lucka and Kamila



Jeleni Gora – an international conference



Five years of the

THE ECONOMY OF THE VOLUNTEER CENTRE IN 2005

Volunteer Centre

Yields

Sources of incomes/ purpose.....	Sum in 2005
The Youth Czech National Agency/ Development of High School Students' Civic Virtues..	205.644
People in Need- a company of the Czech TV, o. p. s. / POLIS – Volunteer work in socially eliminated families in the Ústí Region.....	120.859
Regional Authority of the Ústí Region/ Volunteers in health service.....	98.648
Regional Authority of the Ústí Region / Students for Children III	50.000
Regional Authority of the Ústí Region / Challenging Stereotypes.....	311.000
The city of Ústí nad Labem / The Five P programme.....	103.500
The city of Ústí nad Labem / Psycho-social help of volunteers to seniors living in social settlements.....	36.300
The city of Ústí nad Labem / Křesadlo 2005, An inventory of projects.....	17.500
The city of Ústí nad Labem / A meeting of a preparatory committee of the Council of seniors.....	4.000
The Ministry of Interior of the Czech Republic / Volunteerism in hospitals.....	44.328
The Ministry of Interior of the Czech Republic / The Five P Programme.....	173.000
The Ministry of Health of the Czech Republic / Open doors at the Masaryk Hospital II.....	89.133
The Ministry of Health of the Czech Republic / Trainings and courses for seniors in the Ústí Region.....	98.953
The Ministry of Labour and Social Affairs / Volunteer service for families in the Ústí Region.....	295.400
The Ministry of Education, Youth and Sports of the Czech Republic / Students for children III.....	114.500
NROS - Nokia / Make a Connection - Připoj se III.....	85.647
NROS - Nokia / Make a Connection - Připoj se III / grants distributed to young people 2004-05.....	47.783
NROS - Nokia / Make a Connection - Připoj se III / grants distributed to young people 2005-06.....	219.391
NROS - Nokia / Make a Connection - Připoj se IV.....	237.769
NROS - OP RLZ ESF/ Key Step.....	148.708
NROS - PHARE 2002 Evropská unie / How to do fundraising? 2003-2005.....	330.518
NROS - PHARE 2002 Evropská unie / Admirable Seniors.....	787.663
NROS – Help the Children! / The Five P programme (2004 - 2005).....	83.702
NROS - Help the Children! / The Five P programme (2005 - 2006).....	638
The Employment Office in Ústí nad Labem / Support of wages.....	118.168
Václav Urban.....	3.600
Returned dotations.....	-9.384
Own yields / Interests.....	445
Membership fees.....	2.200
TBG Ústí nad Labem s.r.o.	3.200
Other yields (depreciations, a credit note....)	152.590
Contributions to activities and training.....	73.950

Other gifts.....	15.010
Other contributions.....	66.956
Promotion of Sitel, spol. s r. o.	155.890
Services, promotions, other.....	33.448
Total.....	4.320.657

THE ECONOMY OF THE VOLUNTEER CENTRE IN 2005

Costs

Entry.....	Sum of Kč
Material costs (Expendable property, office supplies, food, literature, PHM.....	349.671
DHM.....	140.462
Energy, heating.....	76.501
Rent.....	70.006
Accounting, economic and tax consulting, auditing.....	165.025
Costs of: food, refreshment (collective activities for children, supervision meetings, volunteer trainings, seminars, consultations.....)	12.597
Other services (accomodation and allowance at trainings, photo work, graphics and print of advertising materials, car rent, transport, seminars, PC administration)	726.933
Telephone rentals, the Internet, postage.....	138.668
Specialist services, lectors, commanding contracts.....	51.996
Travelling expenses.....	35.990
Wage costs.....	1,389.414
Social and health insurance.....	486.295
Wage costs – DPP (specialist services, extern workers).....	359.192
Exchange-rate losses.....	0
Other operating costs (insurance, other taxes and fees).....	117.201
Writing offs.....	138.072
Other financial costs (bank charges, rounding.....	9.590
Total.....	4,267.613

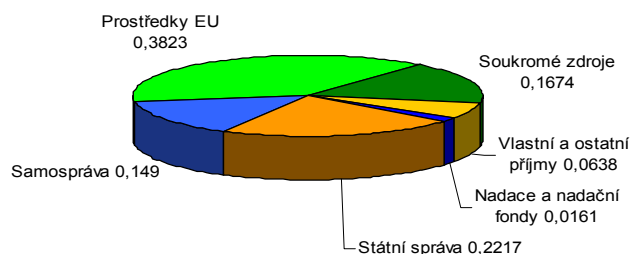
ECONOMIC RESULT – Balance

Assets (aktiva)

Small long-term tangible property.....	2761.43
Depreciation reserves for individual movable assets.....	207.108
Cash desk.....	6.298
Bank accounts.....	425.056
Operating reserves provided.....	0
Other claims.....	228.218
Claims on employees.....	3.584
Costs in the following periods.....	7.760
Conjectural active accounts.....	131.620
Value added tax.....	392
Total of assets.....	871.963

Liabilities (pasiva)

Suppliers.....	6.538
Other liabilities.....	113.770
Employees.....	83.677
Account of institutions of social and health security.....	41.195
Other taxes.....	12.072
Yields in the following periods.....	502.403
Conjectural passive accounts.....	26.976
Own property.....	69.035
Economic result of previous years.....	23.671
Economic result 2005.....	53.044
Total of liabilities.....	87.1963



Private resources – 16,7% State administration – 22,2% Autonomy – 14,9%
Own and other earnings – 6,4% Foundations and endowment funds – 1,6% EU resources – 38,2%

MEMBERS OF THE ASSOCIATION (in 2005)

Mgr. Lenka Černá - the chairwoman of the Association Council
Jana Beranová - the vice-chairwoman of the Association Council
Bc. Kamila Staňková - a member of the Association Council

Mgr. Dana Poustková - the chairwoman of the Audit Committee
Josef Kubát - a member of the Audit Committee
Bohdana Furmanová - a member of the Association
Jakub Michal - a member of the Association
Mgr. Lucie Sroková - a member of the Association
Marcela Poláčková - a member of the Association
Mgr. Kamila Zinčenkova - a member of the Association

THE STAFF OF THE VOLUNTEER CENTRE (in 2005)

Mgr. Lenka Černá - director
Jana Beranová - economist
Jakub Michal - coordinator
Mgr. Lucie Sroková - PR, fundraiser
Mgr. Lucie Křivská - coordinator
Mgr. František Klepač - coordinator
Bohdana Furmanová - coordinator
Mgr. Kamila Zinčenkova - coordinator
Bc. Michaela Procházková - coordinator
Bc. Petra Stejskalová - coordinator
Mgr. Martin Hazucha - structural and financial manager
Bc. Lukáš Vavřina - assistant of the director, coordinator

EXTERNS (in 2005)

The Development of Volunteerism in the Ústí Region Programme
MUDr. Ivana Kořínková, Mgr. Eva Bártlová, Romana Vlčková
The preventive leisure time Five P Programme
Mgr. Ivana Vlčková, PhDr. Jana Doubravová, Mgr. Stanislav Karas
The Development of High School Students' Civic Virtues Programme,
Make a Connection - Připoj se
PaedDr. Vladimír Šik, Mgr. Lucie Novotná
The Admirable Seniors Project
Prof. Ing. František Zich, Dr.Sc., Mgr. Eva Bártlová
The KOMPAS Project, The POLIS Project
Mgr. Stanislav Karas